

## Annual Report and Update July 1, 2023 - June 30, 2024

(fiscal year 2024)

Helping parents help their babies, one family at a time.





To support families with young children who experience or are at risk for developmental delays or disabilities and to be a resource and advocate for inclusive early childhood systems throughout the Monadnock Region.

## From the director's desk

The annual report you are holding reflects the challenges we have faced in the past two years and the changes we have made to successfully adapt to the changing needs of families.

Our financials on page 6 reflect the situation that led to us to almost close our child care program in 2023. (Because it takes auditors several months to certify financials, these charts are always for the previous year.) It was a challenging year as we saw the need increasing in both early intervention and child care,



faced staffing challenges, and we did not have the state and federal supports that were available in the previous three years. We tried many strategies throughout the year to adjust, but the negative financial impacts were too late to rectify within the year. The result was the financial loss you see. In FY24 we were able to adapt, however. I am so grateful to Rise's board and staff, who all contributed to our success at this critical time.

In FY24, we saw a 54% increase in the number of families served. A Medicaid rate increase for early intervention was initiated in January 2024, which helped lessen the gap between the services we provide and what we are reimbursed for, but really it just has allowed Rise to start to catch up to increased expenses due to inflation, hiring more staff to serve the increased number of families, and to ensure fair wages. Child care also received two statewide grants. Rise board and staff continue to move forward, adapting and adjusting to meet the current needs of families.

As we continue to do our best to meet the needs of families, we are grateful to our very supportive community. The conversations, collaborations, and direct supports we receive make a huge impact at every level. From someone volunteering to pull weeds to businesses supporting our fundraisers to our loyal donors, every interaction makes our agency shine brighter.

Shortly after the close of FY24, Rise became the sole provider of early intervention services in the Monadnock Region. We are projecting to serve closer to 500 families in FY25, double the amount since I joined Rise in 2018. Our growth and our successes are those of the communities we serve, all around the region. So, from the bottom of my heart, thank you, thank you!

Sincerely,

Alicia Deaver

## **Two Families Share Their Stories**

#### **More Words Than She Ever Expected**

Rose is raising her two young granddaughters and has received help from Rise's Early Intervention program for both C. and J. Both have struggled with significant speech delays.

C. had no words at all, her grandmother says, until she turned 2. "Once she got into Rise, she picked right up," Rose says of her older granddaughter, now 4 and thriving in preschool. "Now she says words I never expected her to. Not bad words, just big ones!"

J., her younger granddaughter who is now 3 and recently graduated from the Rise program, has more than 100 words and speaks in full sentences, Rose continues proudly. J. loves to tell her grandmother stories about the books she now reads.



"Jess has been amazing," Rose says of the educator from Rise who worked with her grandchildren. "She worked really hard with the girls and she taught me a lot too. She taught me how to teach them. She made me make them use words to ask for things instead of letting them point, for example. We all learned so much from Jess."

"I learned so much that I needed to know from Jess and Rise. And sometimes I just needed to hear I was doing all right and I just had to keep going," she continues, acknowledging that raising children as a grandparent can be very challenging.

"Now my granddaughters have the chance to have a really good life. I know these two girls will really do something good with their lives!"

### **Making Leaps and Strides**

"She's a fireball! And she's my little ray of sunshine too," Misty says proudly of her two-year-old daughter Keziah. Keziah suffered a brain injury at birth, resulting in cerebral palsy and speech, motor, and eating challenges. Keziah began receiving Rise services a few months after she was born, beginning with occupational therapy, then adding speech and physical therapy.



"She has made leaps and strides," Misty continues, explaining that when Keziah was born the doctors told her to plan for moderate to severe disability, but now say her daughter has exceeded expectations in her development. She credits, in part, the support and education she has received working with Rise. "I think it is a team effort. Our faith and community, her specialists in Boston, her chiropractor and craniosacral therapist, our unique mommy-daughter relationship – and then there's Rise."

"At every visit, they show me new things to try with Keziah and things that I could continue. They are so good at working with us where we are at. If it is overwhelming to have too many things added to my plate, they will prioritize just one thing to try or continue," Misty says.

"I love that they will work with you wherever you want to go, whether it is the children's museum, playing outside, the park, wherever. One therapist and I have a plan, if the weather is good, to do therapy in our pool next chance we get! They are great at communicating and giving options that match our lifestyle. I'm just so grateful for the support and the teamwork and everyone's positive attitudes."

"I also love that they can point out her progress, as it is sometimes hard for me to see the forest for the trees. Everyone at Rise has been very encouraging, helpful, and resourceful in helping me understand," Misty continues. "They will send me research articles since they know I like that kind of thing, and one therapist even made me short videos to explain things because she knows I'm a visual person!"

## Rise for baby and family FY24 Supporters

**Foundations and Nonprofits** 

Alpha Chapter, NH Delta Kappa

Gamma

American Online Giving Foundation

The Blackbaud Giving Fund

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Cheshire Medical Center

Cheshire Medical Center/D-H

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Edward Jones Charitable Gift Fund

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Monadnock Region

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Monadnock Developmental Svcs

Monadnock United Way

Montshire Museum of Science

More Than a Thrift Store

**New England Patriots Foundation** 

New Hampshire Charitable

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Chapter

Rotary Club of Keene and Elm City

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Yolo Café

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## Rise for baby and family FY24 Supporters

Individual Supporters, continued

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Misty Martinez-Bohannon and

Andy Bohannon

Joe and Mary Mastrocola

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Catherine Nelson

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Susan Silver

Lynn and Art Simington

Louise Slayton

Heather and Peter Smith

Thank you all for your support!

## Rise for baby and family FY24 Supporters

#### Individual Supporters, continued

David and Jane Stabler
The Steadman Family
Mr. and Mrs. Michael Stoudt
Erin Stump
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Kathy and Donald Wilson
Pam Wilson
Mary-Anne Wisell

Griselda Witkowski Kim and Tim Wolfe John and Gail Wrigley Carol Wurschmidt Monica Zulauf

#### **Volunteers**

Becky Barrett Jack Lamont Nicole Lamont Ruby Trippodi Alison VanBrocklin

Thank you all for your support!



"I always knew I could reach out with questions, to anyone from the executive director to my child's early intervention provider to her child care teacher, and I always got answers. Rise is just so supportive of the family as a whole."

-a former Rise parent

## Families Served in FY24

Total # of Children Served in Early Intervention: 410

Eastern Monadnock Region: 32% Western Monadnock Region: 68%

Total # of Children Served in Child Care: 26

**56%** 

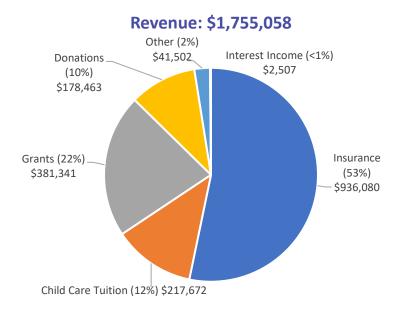
increase in the number of families served over last year

"Ask all the questions! No question is silly, so don't be afraid to ask. The staff at Rise will definitely be there for you and help you every step of the way."

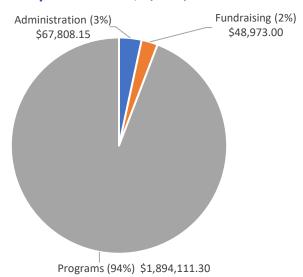
-a Rise parent's advice to other new parents

## **FY23 Financial Summary**

## Summary based on most recent financial audit



## **Expenditures: \$2,010,872**



#### FY23 Challenges Overcome

FY23's financials were very bleak. (Because it takes auditors several months to certify financials, these charts are always for the previous year.) This was the first year since March 2020 where no state or federal financial support was available for early intervention or child care programs. In our early intervention program, we started receiving many more referrals. In addition, significantly more of the children referred to Rise presented with complex needs, requiring support from multiple specialists. As a result, we hired more staff, a necessity to meet the needs of the families we serve.

While FY23 was very challenging financially, thanks to the Employee Retention Credit and other state and federal grants, our total losses for FY20-FY23 overall were only \$40,000. While significant, Rise remains stable and will continue helping families for another 43+ years!

#### Rise FY24 Board of Directors

#### **Executive Committee**

# President:Ashley ElliottVice President:Bari ThompsonTreasurer:Antje WarrenSecretary:Kimberly Allsopp

#### **Members-at-Large**

| Randall Carmel | Brian Lee        |
|----------------|------------------|
| Candi Dionne   | Dawn Martin      |
| Ashley Guion   | Jeanne Pride     |
| Kelsey Harris  | Lisa Steadman    |
| David Kochman  | Barbara Tremblay |
|                | Pam Wilson       |



## We'd love to hear from you!

**Call:** 603-357-1395

**E-mail:** info@riseforbabyandfamily.org

Web: www.riseforbabyandfamily.org

**Social Media:** 

facebook.com/riseforbabyandfamily instagram.com/rise4babyfamily linkedin.com/company/rise-for-baby-and-family



"I'm just so thankful we got early intervention services from Rise for my son. I worry about what the effects would have been if we hadn't gotten started with services as quickly as we did. Thanks to Rise he is now on track developmentally."